

## DANCE NOTES

Welcome to the February 2012 edition of "Dance Notes," the monthly newsletter for Rivertowne Ballroom. We distribute this newsletter and accompanying calendar to inform our students and the public of events at our studio in downtown New Bern. Dancing is for people of all ages and abilities and anyone can learn. To get started, you may choose from the following:

**PRIVATE LESSONS** provide individual attention to help you reach your goals more quickly and may be scheduled at your convenience - days, evenings, or weekends. Talk to an instructor for more details.

**REGULAR GROUP EVENTS**, listed in BLACK on the calendar, provide instruction in six different dances and are included as part of a monthly membership. Purchase a Beginner Membership for \$50 singles or \$75 couples to attend all beginner groups for the month (8-10 events). It's even better when you're eligible for an Intermediate Membership (\$75 singles, \$90 couples) which entitles you to attend all intermediate as well as beginner classes (about 18 events). Receive instruction in Foxtrot, Waltz, Tango, Swing, Rumba, and Cha Cha plus opportunities to improve your skills at our Wednesday practice parties. Can't commit to a month? Drop-in rate is \$10 singles, \$15 couples. For more chances to dance, try some of our special groups or parties:

**OPEN DANCES** are scheduled this month on two Fridays, the 10th and 24th from 7-10PM. Cost is \$10 and includes snacks, a group lesson, and general dancing. Everyone is welcome to attend. No partner needed.

**OUR DANCE OF THE MONTH** for February is the Argentine Tango, taught by Cindy Riggs. This beginner level course meets each Monday at 6PM. Cost is just \$5. No partner is needed.

**LINE DANCE CLASSES**, taught by BC Beach, are held every Monday. Beginner class is 10AM, Intermediate 11AM. BC teaches Line Dance Salsa, Swing, Country, and more. It's great exercise and great fun. Cost is \$5.

**A LINE DANCE PARTY** will be held on Saturday, the 18th from 7-10PM with a pot-luck dinner preceding the party at 6PM. Cost is \$7 for the evening, and if you wish, bring a covered dish to share. Dancers of all levels are welcome to attend and requests will be taken.

**INTERMEDIATE RUEDA CLASSES**, taught by Davis Canady, continue on Thursdays at a new time this month - 6PM. . This class is for students with previous experience dancing the Rueda. Cost is \$10 per class.

**LEARN THE SHAG**, taught by Davis Canady. This beginner level class meets every Thursday at 7PM. Cost is \$10 per person. No partner is needed.

**ZUMBA FITNESS CLASSES** with Kim Anderson are held on Tuesdays at 6:00PM, Wednesdays at 5:30PM, Fridays at 9:30AM, and Sundays at 6PM. Cost is \$6 per class. A reduced rate is available if lessons are purchased in quantity.

**YOGA CLASSES**, taught by Lisa Zaytoun and Sherry Boehme, meet every Wed., Sat., and Sun. These 1-1/2 hour sessions are \$10 each or \$80 for a 10-class pass. Check the calendar for class times.

**WING CHUN KUNG FU**, taught by Jason Gordon, meets Tuesdays at 7PM and Saturdays at 4:30PM. Wing Chun is a practice that balances the hard and soft elements of martial arts. It is a highly effective combat system, but the concepts at its foundation apply to other aspects of life. Call Jason at 252-622-8079.

**\*\* \*\* \* ANNOUNCING \* \*\* \*\***

### **Rivertowne Ballroom's 9th Anniversary Celebration and Spotlight Show**

**We are happy to announce that the renovations on our new Stanly Hall Ballroom are almost complete. So please reserve the evening of Saturday, March 3 from 7-11PM to join us in our beautiful new facility. The evening will feature a dance show, a group lesson, food and beverages, and general dancing. Admission for this exciting evening is \$10 for tickets in advance or \$15 at the door.**